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Dmitry Yu. Kuvshinov in 1996 graduated from the Medical Faculty of the Kemerovo State Medical Academy (now Kemerovo State Medical University). In 1997 he completed an internship in the specialty "Therapy" and since 1997 he has been working at the Department of Normal Physiology named after Professor N.A. Barbarash of the Kemerovo State Medical University. In 2002, he defended his dissertation for the degree of candidate of medical sciences in the specialty "Physiology". Doctoral dissertation on the topic "Behavioral type A in adolescents: morpho-functional and psychophysiological characteristics" was defended in 2007. Since 2011 he has been working as the Head of the Department of Normal Physiology named after Professor N.A. Barbarash. Dmitry Yu. Kuvshinov is the Author of more than 250 scientific papers, including 5 textbooks on physiology, the textbook "History of Medicine. He is the recipient of a grant from the President of the Russian Federation for state support of young Russian scientists MD-4145.2011.7. Under the supervision of D. Yu. Kuvshinov 2 dissertations were defended for the degree of candidate of sciences in the specialty "Physiology" and "Psychophysiology". Heads an independent scientific direction on stress reactivity and psychophysiological characteristics in young people, smoking prevention. D. Yu. Kuvshinov is the scientific editor of the journal "Fundamental and Clinical Medicine, a Member of the Editorial Board of the Journal "Military and Tactical Medicine, Emergency Medicine". Assistant to the Vice-Rector for Scientific, Medical Work and Development of Regional Healthcare, Academic Secretary of the Academic Council at Kemerovo State Medical University. He was awarded the medal "For Service to Kuzbass" in 2014 and the "Alexey Leonov" medal in 2022.